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Shenfield | Roxwell | Essex

STEPHANIE STOW



Coming from rural Suffolk, Stephanie was always aware of nature; it has had a profound influence on her work and can be found within the shapes and patterns. She sees plants, flowers and trees as colour and line, rather than detail in the form of leaves or petals. She is fascinated by the skeletal shapes of seed heads, of flowers as they degenerate and fade.

Recently, Stephanie has produced a series of paintings centred around her love of the Essex and Suffolk coast, primarily Mersea Island.

Her work is not about pure representation of an object, but her own vision of the object. The way in which Stephanie applies the paint, be it the thickness or the thinness of the stroke, all contributes to how she expresses emotion about a given subject, and that is what keeps her constantly excited about painting. She takes reality and fuses it with her own concept of the world.

Stephanie's work is very much about the physicality of painting. She is excited by how she can manipulate the paint on the canvas and how one colour reacts against another. She loves scraping in and scraping off the paint, playing with lines and texture, it's about making decisions and changes.

Stephanie studied at the University of Hertfordshire and University College Suffolk, graduating with a B A Honours Degree in Art and Design.

She has exhibited in London, throughout East Anglia, and has work in private collections in Australia and USA.

Exhibitions

2015

josephine harpur gallery cambridge city art fair
robert fogell gallery lincolnshire landscape exhibition
bircham gallery holt norfolk summer exhibition
turner barnes gallery shenfield essex
hayletts gallery maldon essex summer exhibition
highgate contemporary art london colour exhibition
bircham gallery holt norfolk early summer exhibition
vk gallery st ives cambridgeshire spring joint exhibition
affordable art fair battersea london
gallery argentum 'towards abstraction' high holborn
gallery argentum winter exhibition

2014

foss fine art battersea christmas exhibition
vk gallery st ives cambridgeshire mixed exhibition
highgate contemporary art london summer farrago exhibition
hayletts gallery maldon essex summer exhibition
foss fine art aldeburgh suffolk summer exhibition
Co3 gallery colchester essex summer exhibition
robert fogell gallery lincolnshire summer exhibition
bircham gallery holt norfolk summer show

